

# ALLERGEN KEY

**G** = Gluten

**D** = Dairy

**E** = Eggs

**F** = Fish

**MO** = Molluscs

**CR** = Crustaceans

**CE** = Celery

**N** = Nuts

**P** = Peanuts

**MU** = Mustard

**SE** = Sesame Seeds

**SO** = Soya

**L** = Lupin

**SU** = Sulphites

## STARTERS

### Curried Mussels **[G, E, D, MO, SU]**

Spinach mousse, confit tomatoes

9

### Calves Tongue **[CE, E, F, MU, SU]**

Smoked eel, apple, wasabi

9

### Chicken Liver Tart **[G, E, D, SE, SO]**

Soy & orange jelly, kumquat textures

8.5

### Crab Salad **[G, CR, E, D, MU]**

Sweet pea, confit lemon, sourdough crumb

9

### English Asparagus (v) **[G, E, D]**

Crispy quail eggs, sheep's curd

8.5

### Purple Gnocchi (v) **[G, E, D]**

Baby carrots, peas, corn

8

## STEAKS

All our Tweed valley steaks are hand selected by our east Lothian master butcher John Gilmour; he only picks the best limousin cross Aberdeen Angus cattle, which have been reared on grass & barley. The beef is then dry-aged on the bone for a minimum of 35 days which results in a tender and flavourful piece of meat.

### SINGLE CUTS

*1 side & 1 sauce included*

227g Flat Iron	19
250g D-Rump	25
300g Rib Eye	32
300g Sirloin	32
250g Fillet	38

### CUTS TO SHARE

*2 sides & 2 sauces included*

1kg Tomahawk	85
600g Chateaubriand	70
800g Porterhouse	80
<i>Maple Ketchup <b>[CE, SU]</b> / Creamed Horseradish <b>[G, D, MU]</b>            Truffled Hollandaise <b>[E, D, SU]</b> / Green Peppercorn <b>[CE, G, D, SU]</b> / Blue Cheese <b>[G, D]</b> Extra Sauces 2</i>	

## MAINS

### Sea Trout **[F, D, MO, SU]**

Clams, ruby chard, spinach, samphire

19

### Corn Fed Chicken **[CE, D]**

Red quinoa & mushroom risotto, baby veg

17

### Pork Fillet **[CE, G, D]**

Pak choi, bean puree, potato fondant

18

### Cod Loin & Brandade **[G, F, D]**

Chorizo, avocado, gremolata

19

### Chickpeas & Cauliflower (v+) **[G, D]**

Confit tomatoes, roasted red peppers

14

### Grilled Goat's Cheese (v) **[CE, D]**

Squash textures, beetroot yoghurt, red quinoa, pumpkin seed dust

15

## SIDES

### Creamed Spinach **[D]**

5

### Mash Potato **[D]**

4

### Mac & Cheese **[G, E, D, MU]**

5

### Skinny Fries **[G]**

4

### Broccoli & Hazelnuts **[D, N]**

4.5

### Thick Cut Chips **[G]**

4

### Maple Carrots

4.5

### Sweet Potato Fries **[G]**

4.5

### Heritage Tomato Salad (v+)

4.5

### Red Quinoa Salad (v+)

5

A discretionary 12.5% service charge will be applied to all tables. Please let us know of any allergies. (v) - vegetarian (v+) - vegan

# SILK & GRAIN



[WWW.SILKANDGRAIN.CO.UK](http://WWW.SILKANDGRAIN.CO.UK)